

# Breast Health Navigators

## Washington Women's Center

Our nurse navigators help guide patients, and their family, through the breast cancer treatment journey. Navigators work hand-in-hand with the patient's referring physician to facilitate access to the best possible treatment and other support services.



A complimentary service.

### **Christine Mikkelsen, RN**

Women's Center Coordinator  
Breast Health Nurse Navigator

### **Polly Sherman, RN**

Breast Health Nurse Navigator

### **Services**

- Facilitate access to high-quality care and relieve barriers for timely care by navigating patients through diagnostic and cancer treatment.
- Proactively guide patients through and around barriers in the complex cancer care systems.
- Educate and support patients, empowering them to make informed treatment decisions.
- Demonstrate awareness and sensitivity to patients' rights and the Patient First Ethic.
- Provide emotional support and counseling related to clinical situations.



## Women's Center

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