

Board of Directors' Meeting

May 14, 2025

Page 1 of 6

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, May 14, 2025 in the Medical Oncology Conference Room at 2500 Mowry Avenue, Second Floor, Suite # 243, Fremont and Zoom access was provided. Director Wallace called the meeting to order at 6:00 p.m. and led those in attendance of the meeting in the Pledge of Allegiance.

CALL TO ORDER

*PLEDGE OF
ALLEGIANCE*

Roll call was taken: Directors present: Michael Wallace; William Nicholson, MD; Jeannie Yee; Bernard Stewart, DDS

ROLL CALL

Absent: Jacob Eapen, MD

Also present: Kimberly Hartz, Chief Executive Officer; Ajay Sial, Interim Senior Vice President & Chief Financial Officer; Terri Hunter, Vice President & Chief Nursing Officer; Kristin Ferguson; Sheela Vijay; Gisela Hernandez; Maria Nunes; Jerri Randrup; Kel Kanady; Mark Saleh, MD; Laura Anning; Paul Kozachenko; Walter Choto; John Zubiena; Semone Clark; Mary Bowron; Dan Nardoni; Maria Fuentes; Minh-Thu Dennen; Brian Smith, MD; Melissa Garcia; Marcus Watkins; Kim Burdick; Tammi Tyson; Angus Cochran; Sri Boddu; Cheryl Renaud; Shirley Ehrlich

Director Wallace welcomed any members of the general public to the meeting.

OPENING REMARKS

Director Wallace noted that Public Notice for this meeting, including Zoom information, was posted appropriately on our website. This meeting was recorded for broadcast at a later date.

There were no Oral Communications.

*COMMUNICATIONS:
ORAL*

There were no Written Communications.

*COMMUNICATIONS:
WRITTEN*

Director Wallace presented the Consent Calendar for consideration:

CONSENT CALENDAR

A. Consideration of the Minutes of the Regular Meetings of the District Board:
April 9, 21, 23 & 28, 2025

B. Consideration of Medical Staff: Dissolution of Podiatry Section

Director Yee moved that the Board of Directors approve the Consent Calendar, Items A & B. Director Nicholson seconded the motion.

Board of Directors' Meeting

May 14, 2025

Page 2 of 6

Roll call was taken:

Michael Wallace – aye
William Nicholson, MD – aye
Jeannie Yee - aye
Bernard Stewart, DDS – aye
Jacob Eapen, MD - absent

Motion Approved.

Kimberly Hartz, Chief Executive Officer, introduced Terri Hunter, Vice President & Chief Nursing Officer, who spoke about celebrating Health System Week. This week, time is set aside to celebrate our staff, physicians and volunteers; the people who make our health system the preferred choice for our district residents and beyond. Embracing care and celebrating the people who bring our mission to life describes all of the people who deliver essential health care services to our community. Buildings and equipment mean little without the unwavering dedication of the compassionate caregivers who bring Washington Health to life.

*PRESENTATION;
HEALTH SYSTEM
WEEK*

A video was shown featuring Washington Health's very own staff highlighting "a day in the life" and the following employees spoke about the values they bring to working at Washington Health: Rehan Noori, Clinical Pharmacist; Jonathan Burdick, Respiratory Therapist; Sonia Gibson, Charge Nurse; Kim Lien Julie Van, Sterile Processing Tech II; Derek Tom, Lead Radiologic Technologist and Katherine Ng, Physical Therapist.

Dr. Mark Saleh, Chief of Medical Staff, reported that there are 667 Medical Staff members, 367 active members. Dr. Saleh stated that Medical Staff Services is in the process of updating the Medical Staff Bylaws and will inform the Board of Directors when it is completed. The Annual Dinner Dance to honor Dr. Desmond Erasmus is scheduled for June 28, 2025.

*MEDICAL STAFF
REPORT*

Sheela Vijay, Service League President, reported that for the month of April, 248 Service League volunteers contributed a total of 2,914 hours across various departments within the hospital. Sheela noted that to sustain this level of service, Washington Health continues to welcome new volunteers through information and orientation sessions. On April 12, the Service League hosted a Volunteer Orientation with 32 attendees made up of 12 adults, 15 college students and 5 high school students. There was also a High School Information Session on April 14, attended by 53 students to highlight the many ways they can get involved as volunteers.

*SERVICE LEAGUE
REPORT*

Sheela noted that volunteers continue to play an active role throughout the hospital offering support to patients, families and staff. The Birthing Center Tour Program has continued to thrive since its launch. From December 2024 through April 2025, 26 tours have been led by volunteers for more than 150 expectant mothers. These tours help families become familiar with our facilities and feel more confident as

Board of Directors' Meeting

May 14, 2025

Page 3 of 6

they prepare for their new arrivals. Feedback from participants have been positive, with many expressing appreciation for the clarity, reassurance and personal touch provided by the volunteers.

Sheela reported that the \$5 Masquerade Sale took place on April 28 – 30, 2025 and it raised \$6,100 for the Service League. Many thanks to the numerous volunteers whose hard work ensured the success of the event, with a special thanks to Cherie Gamardo, whose tireless efforts in promoting and managing the sale.

The WOOF Canine Therapy Program will host its second community education session on June 27. This presentation featuring Dr. Elizabeth Lynch, DVM and will focus on “Safe Travels with Your Pet”. As summer approaches, this session will offer helpful tips for a safe and stress-free journey – whether it is a quick trip or a longer vacation.

Sheela announced that the upcoming launch of Bingocize, a 20-session health promotion program that blends bingo with light exercise. Starting June 2, sessions will take place twice weekly on Mondays and Wednesdays. This will be led by Garrett Cordes, Trauma Program Injury Prevention Coordinator.

Kimberly Hartz, Chief Executive Officer, introduced Mary Bowron, Chief Quality Officer, who presented the Quality Dashboard for the quarter ending March 31, 2025, comparing Washington Health statistics to State and National Benchmarks. There were zero Hospital Acquired MSRA in the past quarter, which was lower than the 0.874 predicted number of infections. We had zero Catheter Associated Urinary Tract Infection (CAUTI), which was lower than the 1.412 predicted number of infections; zero Central Line Bloodstream Infections (CLABSI), which was lower than the 1.823 predicted number of infections. There was one Surgical Site Infections (SSI) following Colon Surgery, which was higher than the 0.32 predicted number of infections. We had two SSI following Abdominal Surgery, which was lower than the 0.127 predicted number of infections, and one hospital-wide Clostridium Difficile (C.diff) infections, which was lower than the 10.717 predicted number of infections. Hand Hygiene was at 98.6%.

*QUALITY REPORT:
QUALITY DASHBOARD
Q/E MARCH 2025*

Moderate fall with injury rate for the quarter at 0.05. The national benchmark rate was not available. Hospital acquired Pressure Ulcer rate of 0.91 The national benchmark rate was not available for Quarter Ending March 2025.

The 30-day readmission rate for AMI discharges was higher than the CMS national benchmark (21.1% versus 14.6%). The 30-day Medicare pneumonia readmissions rate was higher compared to the CMS national benchmark (26.7% versus 15.3%). 30-day Medicare Heart Failure readmissions was higher (20.8% versus 18.8%) than the CMS benchmark. 30-day Medicare Chronic Obstructive Pulmonary Disease (COPD) readmission rate was higher than the CMS benchmark (29% versus 18.3%). The 30-day Medicare CABG readmission rate was lower (0% versus 10.1%) than

Board of Directors' Meeting

May 14, 2025

Page 4 of 6

the CMS benchmark. 30-day Medicare Total Hip Arthroplasty (THA) and/or Total Knee Arthroplasty (TKA) was lower than the CMS benchmark (5% versus 5.1%).

Ajay Sial, Interim Vice President & Chief Financial Officer, presented the Finance Report for March 2025. The average daily inpatient census was 187.2 with discharges of 1,118 resulting in 5,803 patient days. Outpatient observation equivalent days were 159. The average length of stay was 5.05 days. The case mix index was 1.739. Deliveries were 147. Surgical cases were 519. The Outpatient visits were 9,202. Cath Lab cases were 212. Emergency visits were 5,190. Joint Replacement cases were 188. Neurosurgical cases were 28. Cardiac Surgical cases were 17. Total FTEs were 1,714.1. FTEs per adjusted occupied bed was 5.76. Overall, the net income for March was \$1,012,000.

FINANCE REPORT

Kimberly Hartz, Chief Executive Officer, presented the Hospital Operations Report for April 2025. Patient gross revenue of \$223.3 million for April was favorable to budget of \$214.3 million (4.2%), and it was higher than April 2024 by \$28.8 million (14.8%).

*HOSPITAL
OPERATIONS REPORT*

Trauma Cases of 153 for April was favorable to the budget of 105 by 48 (45.7%). Trauma gross revenue of \$17.3 million for April was favorable to the budget of \$13.2 million by \$4.1 million (31.4%).

The Average Length of Stay was 5.16. The Average Daily Inpatient Census was 182.4 and was favorable to budget of 165.7 by 16.7 (10.1%). There were 1,072 Discharges that was favorable to budget of 936 by 136 (14.5%).

There were 5,471 patient days and was favorable to budget of 4,970 by 501 days (10.1%). There were 534 Surgical Cases and 196 Cath Lab cases at the Hospital.

Deliveries were 127. Non-Emergency Outpatient visits were 9,562. Emergency Room visits were 5,220. Total Government Sponsored Preliminary Payor Mix was 75.0%, against the budget of 74.2%. Total FTEs per Adjusted Occupied Bed were 5.78.

There was \$133K in charity care adjustments in April 2025.

May Employee of the Month is Sonia Painda, Digital Marketing Specialist, Marketing & Communications.

*EMPLOYEE OF THE
MONTH*

Board of Directors' Meeting

May 14, 2025

Page 5 of 6

Past Health Promotions & Community Outreach Events:

HOSPITAL CALENDAR

- April 10: Business Forum with Senator Aisha Wahab – Anderson Auditorium, Washington West
- April 11: Assemblymember Alex Lee's Unsung Hero Award Ceremony – Fremont Downtown Event Center
- April 12: Union City Spring Egg Hunt – Old Alvarado Park
- April 12: Family Day at the Park – Newark Community Park
- April 19: Fremont Earth Day Event – Fremont Downtown Event Center
- April 21: Advanced Directives and POLSTs – Acacia Creek Retirement Community
- April 23: Advances in Joint Replacement for Younger, More Active Patients – Facebook and YouTube
- April 25: Healthcare Career Panel, Stop the Bleed Training and Lunch Social – Anderson Auditorium
- April 26: New Haven Days – James Logan High School
- April 29: Signs and Symptoms of Stroke – COGIR Retirement Community
- April 29: Choking Education at Washington Health Foundation Board Meeting – Washington West
- April 30: Diabetes Management – Pauline Weaver Senior Apartments
- April 30: Community Art Open House – Morris Hyman Courtyard - Two new murals created by students from Irvington High School and Newark Memorial High School were showcased at this event and are on display in the courtyard between the Main Hospital and Morris Hyman Critical Care Pavilion.
- May 1: Choking Education at Niles Rotary Club Meeting – Washington West
- May 3: SPOTMe Free Skin Cancer Screening – Fremont Center for Dermatology
- May 3: Car Seat Safety Event, with seat inspections by Alameda County EMS – Washington West Parking Lot
- May 6-12: National Nurses Week – Washington Health
- May 6: Weight Management: Washington Health Walk – Mark Green Sports Center, Union City
- May 6: New Haven Schools Foundation Scholarship Awards Luncheon – James Logan High School – Washington Health presented two scholarships. Katherine Timbang, who will attend UCLA in the fall and aspires to be a Labor & Delivery Nurse, she is the daughter of Allan Timbang, Respiratory Therapist. Valeria Zavala Cruz, who is going to Cal State East Bay to study nursing. She earned her Certified Nursing Assistant Certificate while at James Logan High School and aspires to be a Special Care Nursery Nurse.
- May 7: Walters Middle School Health Fair – Fremont
- May 12-16: Washington Health Week – Washington Health
- May 14: Healthy Lifestyles for Kids – Facebook and YouTube

Board of Directors' Meeting

May 14, 2025

Page 6 of 6

Upcoming Health Promotions & Community Outreach Events:

- May 15: Celebration of Life for Survivors, Loved Ones, and Care Givers – Anderson Auditorium
- May 23: Newark State of the City Address – Newark Civic Center
- May 28: Understanding TIAs: Recognizing Warning Signs and Preventing Strokes – Facebook and YouTube
- June 3: Stop the Bleed: Washington Health Walk – Ruggieri Senior Center
- June 6: Behavior Health Symposium for Professionals: Supporting Resilience, Connection, and Professional Growth – Anderson Auditorium, Washington West
- June 7: Healthy Minds, Strong Communities: Behavioral Health Fair for Community Members – Anderson Auditorium, Washington West
- June 11: Mastering Weight Management: Boosting Metabolism for Lasting Results – Facebook and YouTube

Washington Health Foundation has reached the fundraising goal of \$12M for the Cancer Center Campaign. Funds contributed by generous donors will assist with construction and equipment in the new UCSF-Washington Cancer Center.

The Foundation hosted the 38th Annual Golf & Bocce Tournament on Monday, May 12 at the Club at Castlewood. 122 golfers and 28 bocce players attended, and over 170 patrons were at the cocktail reception. Donations will help support the purchase of surgical equipment for the Hospital's operating rooms and trauma center. Total funds raised are still being calculated.

The Foundation is hosting the 39th Annual Top Hat Gala on Saturday, October 11, 2025. More details to follow.

ACTION ITEM

There were no Action Items.

There being no further business, Director Wallace adjourned the meeting at 7:27 p.m.

ADJOURNMENT

Signed by:

Michael Wallace

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Michael Wallace
President

DocuSigned by:

Jacob Eapen, MD

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Jacob Eapen, MD
Secretary