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A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, February 12, 2025 in the Medical Oncology Conference Room at 2500 Mowry Avenue, 2nd Floor, Suite # 243, Fremont and Zoom access was provided. Director Wallace called the meeting to order at 6:00 p.m. and led those in attendance of the meeting in the Pledge of Allegiance.

CALL TO ORDER

PLEDGE OF ALLEGIANCE

Roll call was taken: Directors present: Michael Wallace; William Nicholson, MD; Jeannie Yee; Bernard Stewart, DDS

ROLL CALL

Absent: Jacob Eapen, MD

Also present: Kimberly Hartz; Tina Nunez; Larry LaBossiere; Ajay Sial; Paul Kozachenko; Kristin Ferguson; Kel Kanady; Dianne Martin, MD; Laura Anning; Jerri Randrup; Donald Pipkin; Gisela Hernandez; Sheela Vijay; John Lee; Angus Cochran; Felipe Villanueva; Dan Nardoni; John Zubiena; Mark Saleh, MD; Melissa Garcia; Mary Bowron; Brian Smith, MD; Marcus Watkins; Tammi Tyson; Maria Fuentes; Sri Boddu; Cheryl Renaud; Shirley Ehrlich

Director Wallace welcomed any members of the general public to the meeting.

OPENING REMARKS

Director Wallace noted that Public Notice for this meeting, including Zoom information, was posted appropriately on our website. This meeting was recorded for broadcast at a later date.

There were no Oral Communications.

COMMUNICATIONS:

ORAL

There were no Written Communications.

COMMUNICATIONS:

WRITTEN

Director Wallace presented the Consent Calendar for consideration:

CONSENT CALENDAR

A. Consideration of the Minutes of the Regular Meetings of the District Board: January 8, 22 & 27, 2025.

Director Stewart moved that the Board of Directors approve the Consent Calendar, Item A. Director Yee seconded the motion.

Roll call was taken:

Michael Wallace – aye William Nicholson, MD – aye

Jeannie Yee - aye

Bernard Stewart, DDS – aye Jacob Eapen, MD - absent

Motion Approved.

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The CT Surgery and Structural Heart Education Session Presentation has been tabled for the March 12, 2025 meeting.

PRESENTATION: CT SURGERY & STRUCTURAL HEART

Dr. Mark Saleh, Chief of Medical Staff, reported that there are 664 Medical Staff members, 363 active members. Dr. Saleh announced that the new Mobile MRI has been approved and is operational and functioning properly. Dr. Saleh mentioned that the census has been high and the physicians are discharging patients as soon as medically appropriate. Medical Staff Services has scheduled the Annual Dinner Dance for June 2025.

MEDICAL STAFF REPORT

Sheela Vijay, Service League President, reported that for the month of January, 254 Service League volunteers contributed a total of 2,205 hours across various departments within the hospital.

SERVICE LEAGUE REPORT

Sheela stated there was some fluctuation in the number of active volunteers since the Covid-19 Pandemic. Before the pandemic, we had 588 volunteers, but that number declined to 347 by March of 2022. Since then, however, we have seen a steady recovery. By March of 2024, the roster had grown by over 55%, reaching 549 volunteers. As of January 2025, she is proud to have 652 volunteers. This positive trend gives hope for the future and are excited to continue expanding and strengthening the volunteer program.

Sheela spoke about the Service League reintroducing tours for the Birthing Center for prospective parents. Three weeks ago she had the opportunity to shadow Chip and Laura Koehler as they led a tour for three couples. Chip and Laura's enthusiasm was evident as they shared their knowledge with humor and answered questions thoroughly, helping families feel confident about their upcoming birthing experience. It was inspiring to see their dedication in helping families feel prepared and supported.

In the beginning of March, the Service League will offer volunteers over the age of 60, an eight-week course on fall prevention. The course called a Matter of Balance will be taught by the Injury Prevention team. It will cover ways to reduce fall risks at home, goal setting for increasing activity, and exercising to increase strength and balance.

The WOOF Pet Therapy Program will begin a community education series, established by WOOF Canine Therapy Program Coordinator, Russ Weinberg. The Zoom presentations about how to keep our canine companions happy and healthy, will feature nationally known speakers and are offered at no charge to community members. The first presentation will take place on Friday, March 14 at 12:00 pm and will teach pet owners how to recognize and treat stress and anxiety in their dogs.

Sheela announced the passing of Harry Lorsbach, the President of the Mended Hearts Chapter 110. For over 3 years, Harry was a leader in our Mended Hearts

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Volunteer Team, which made over 900 visits with patients, families, and caregivers in 2024. Harry's commitment made a lasting impact, and he will be deeply missed by our program and everyone he helped. We honor his memory and are thankful for everything he did for our patients and their families.

The Service League Annual Meeting is on Tuesday, February 18, 2025.

Kimberly Hartz, Chief Executive Officer, introduced Dr. Dianne Martin who presented the Annual Quality Report for the Infection Prevention Program. She reviewed the background, focus and the multidisciplinary approach of the Infection Prevention Committee. The program components include Quality and Patient Safety, Patient and Family Education, Active Surveillance, Root Cause Analyses and Evidence-Based Policies and Procedures. Dr. Martin also noted that Washington Hospital reports data through the National Healthcare Safety Network (NHSN), Centers for Disease Control (CDC), Centers for Medicare and Medicaid Services (CMS), the California Department of Public Health (CDPH) and the Alameda County Public Health Department.

QUALITY REPORT: 2025 INFECTION PREVENTION PROGRAM PLAN

Dr. Martin reviewed the Infection Prevention Regulatory Updates and the Successful Strategies from 2024 and the New Strategies for 2025. Dr. Martin also stated that Infection Prevention is involved in all construction projects to proactively manage risk and prevent transmission of infectious agents to vulnerable patient populations, health care workers, and hospital visitors. Dr. Martin started the Antimicrobial Stewardship Program in 2010 to monitor and evaluate antibiotic use. Dr. Martin spoke about planning for the 2025 Ongoing Triple Endemic and how to prevent the spread of COVID, Influenza and RSV Infections. Dr. Martin spoke about Tuberculosis, which is caused by bacteria that attack the lungs or other parts of the body such as the kidney, spine or brain and how Washington Health takes steps to screen, educate, care and provide treatment for patients.

Ajay Sial, Interim Vice President & Chief Financial Officer, presented the Finance Report for December 2024. The average daily inpatient census was 173.0 with discharges of 1,056 resulting in 5,363 patient days. Outpatient observation equivalent days were 401. The average length of stay was 5.48 days. The case mix index was 1.641. Deliveries were 146. Surgical cases were 567. The Outpatient visits were 8,356. Cath Lab cases were 182. Emergency visits were 5,614. Joint Replacement cases were 224. Neurosurgical cases were 26. Cardiac Surgical cases were 7. Total FTEs were 1,678.5. FTEs per adjusted occupied bed was 5.77. Overall, the net income for December was \$1,741,000.

FINANCE REPORT

Kimberly Hartz, Chief Executive Officer, presented the Hospital Operations Report for January 2025. Patient gross revenue of \$241.8 million for January was favorable

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to budget of \$227.3 million (6.4%), and it was higher than January 2024 by \$25.6 million (11.9%).

Trauma Cases of 169 for January was favorable to the budget of 120 by 49 (40.8%). Trauma gross revenue of \$20.7 million for January was favorable to the budget of \$16.1 million by \$4.6 million (28.8%).

The Average Length of Stay was 5.38. The Average Daily Inpatient Census was 183.1 and was favorable to budget of 180.5 by 2.6 (1.4%). There were 1,069 Discharges that was favorable to budget of 1,019 by 50 (4.9%).

There were 5,677 patient days and was favorable to budget of 5,597 by 80 days (1.4%). There were 539 Surgical Cases and 183 Cath Lab cases at the Hospital.

Deliveries were 144. Non-Emergency Outpatient visits were 9,508. Emergency Room visits were 5,838. Total Government Sponsored Preliminary Payor Mix was 75.2%, against the budget of 74.6%. Total FTEs per Adjusted Occupied Bed were 5.44.

There was \$276K in charity care adjustments in January 2025.

February Employee of the Month is Quatrelia McDonald, Registration Clerk.

EMPLOYEE OF THE MONTH

Past Health Promotions & Community Outreach Events:

HOSPITAL CALENDAR

- January 8: New Year, New You: Essential Health Screenings for Every Age Facebook and YouTube
- January 14: Health System Update Kiwanis Club of Fremont
- January 15: Washington Radiology Center Open House
- January 22: Understanding Low Back Pain Facebook and YouTube
- January 23: Health System Update Lions Club of Union City
- January 28: Diabetes Education Acacia Creek Senior Living Community
- January 31: Sports Safety Presentation for Newark Little League Danielson Clinic
- February 4: Donuts with a Doc Morris Hyman Pavilion
- February 12: The Watchman Procedure: A New Approach to Stroke Prevention
 Facebook and YouTube

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Upcoming Health Promotions & Community Outreach Events:

- February 19: Breast Cancer Prevention, Early Detection, and Treatment Virtual ABWA Meeting
- February 20: Advanced Directives and POLSTs Newark Senior Advisory
- February 22: Union City Lions Club Crab Feed Southern Alameda County Buddhist Church, Union City
- February 26: New Technology for Robotic Knee Replacement Facebook and YouTube
- February 28: Heart Smart: Simple Steps to a Healthier You Acacia Creek Senior Living
- March 2: Union City Superhero Fun Run City Hall, Union City
- March 6: Signs and Symptoms of Stroke Union City Health Walk, Mark Green Sports Center
- March 11: James Logan HS Job & Community Expo James Logan High School, Union City
- March 12: Menopause and Hormone Replacement Therapy Facebook and YouTube

There is a Year-Long Heart Health Collaboration in Union City. The purpose is to promote physical activity through counting steps for residents of Union City. There will be monthly walking and fitness challenges, including scavenger hunts. There are weekly motivational emails and workout tips and regular marketing on social media, UC Activity Guides, banners and community centers. There are also monthly Washington Health Walks with clinical staff or physicians, with a specific topic (stroke, diabetes, nutrition, injury prevention, etc.)

The Foundation is pleased to announce that over \$11million has been raised towards our goal of \$12 million for the UCSF-Washington Cancer Center Campaign. The Campaign will triple the size of the UCSF-Washington Cancer Center, providing world-class oncology care to patients close to home. The new cancer center is set to open in early 2026.

At the Annual Meeting of the Foundation on Tuesday, January 28, 2025, the trustees disbursed over \$5.3 million to Washington Health and other entities to support programs such as the UCSF-Washington Cancer Center, outpatient palliative care, trauma service, nursing education and maternal & child health.

The Foundation is hosting a free charitable giving and estate planning seminar on Tuesday, March 11 at 5pm on Zoom and in the Anderson Auditorium. More details can be found on the Foundation's website.

The Foundation's 38th Annual Golf Tournament is scheduled for Monday, May 12 at the Club at Castlewood. More details will be shared in the months to come.

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There were no Action Items.

ACTION ITEM

There were no Announcements.

ANNOUNCEMENTS

Director Wallace adjourned the meeting to closed session at 7:33 p.m., as the discussion pertained to reports regarding Conference involving

Trade Secrets pursuant to Health & Safety Code Section 32106 (Strategic Planning) and Conference involving Threat to Public Services or Facilities pursuant to

Government Code Section 54957 (a)(1) (Consultation with District Counsel, Paul Kozachenko). Director Wallace stated that the public has a right to know what, if any, reportable action takes place during closed session. Since this meeting was being conducted in the Medical Oncology Conference Room and via Zoom, there is no way of knowing when the closed session will end. The public was informed they could contact the District Clerk for the Board's report beginning February 13, 2025. The minutes of this meeting will reflect any reportable actions.

ADJOURNMENT TO CLOSED SESSION

Director Wallace reconvened the meeting to open session at 8:17 p.m. The District Clerk reported that during closed session, there were no reportable actions taken.

RECONVENE TO OPEN SESSION & REPORT ON CLOSED SESSION

There being no further business, Director Wallace adjourned the meeting at 8:17 p.m.

ADJOURNMENT

-Signed by:

Michael Wallace

Michael Wallace

President

DocuSigned by:

Jacob Eapen, MD

Jacob Eapen, MD

Secretary