

ENDOSCOPY, EUS, AND ERCP INSTRUCTIONS

Your Colonoscopy has been scheduled with Dr. _____

On _____, _____, _____ at _____ am/pm
Day Month Date Arrival Time

At:

☐ Washington Hospital
Admitting Department
2000 Mowry Avenue
Fremont, CA
510-797-1111

☐ Washington Outpatient Surgery Center
First Floor
2299 Mowry Avenue
Fremont, CA
510-791-5374

If you need to cancel or reschedule your procedure, please call your procedure scheduler Sunita Prasad 510-248-1847 or Jenevie Garcia 510-248-1846 Immediately.

EVENING PRIOR TO YOUR PROCEDURE:

- ❖ Please DO NOT eat or drink anything after midnight the night before your procedure.

AFTER YOUR PROCEDURE:

- ❖ You MUST have a responsible driver pick you up and a responsible caregiver at home with you for 4 hours after discharge.

IMPORTANT: There are Medications which MUST be Stopped Prior to your Procedure.

- Refer to the Separate Medication Instructions on Pages 4 and 5.
- Always Discuss Medication Concerns with Your Doctor.

PLEASE CALL THE OFFICE IF YOU HAVE ANY QUESTIONS (510) 248-1843

MEDICATION INSTRUCTIONS

Please discuss with your health care provider or cardiologist specific instructions prior to discontinuing any medications.

ANTI-PLATELET – Discontinue 5 Days Prior to Procedure, unless otherwise specified by your physician

- | | |
|--|--|
| ☐ Clopidogrel (Plavix) | ☐ Ticagrelor (Brilinta) |
| ☐ Prasugrel (Effient) | ☐ Ticlodipine (Ticlid) |
| ☐ Eptifibatide (Integrilin) | |

ANTI-COAGULANT – Discontinue 4 Days Prior to Procedure

- ☐ Warfarin (Coumadin)

ANTI-COAGULANT – Discontinue 2 Days Prior to Procedure, unless otherwise specified

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|--|---|---|
| ☐ Rivaroxaban (Xarelto) | ☐ Dabigatran (Pradaxa) | ☐ Apixaban (Eliquis) |
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ANTI-COAGULANT – Discontinue 1 Day Prior to Procedure

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|----------------------------------|---|
| ☐ Heparin | ☐ Enoxaparin (Lovenox) |
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ANTI-COAGULANT – Ask the Prescribing Doctor When to Discontinue

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|---|---|
| ☐ Edoxaban (Savaysa) | ☐ Fondaparinux (Arixtra) |
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OTHER MEDICATIONS – Discontinue 5 Days Prior to Procedure

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|--|--|------------------------------------|
| ☐ Fish Oil | ☐ Iron Supplements | ☐ Vitamin E |
| ☐ Hydrocil | ☐ Metamucil | ☐ Gingko |
| ☐ Other Bulk Preparations | ☐ Turmeric (Curcumin) | |

FOR 5 DAYS PRIOR TO Procedure – You may take TYLENOL if needed.

ROUTINE PRESCRIBED MEDICATIONS – Continue taking as prescribed.

FOR 3 DAYS PRIOR TO COLONOSCOPY– Stop JARDIANCE and FARXIGA

DIABETES MEDICATIONS – Discuss with your Endocrinologist, however normally:

- The plan would be:
 - Day Before Procedure: take half the normal dose of Diabetes Medication and/or Insulin
 - Day of the Procedure: DO NOT take your diabetes medication Insulin

Please review the guidelines from American Society of Anesthesiologists regarding preoperative holding of glucagon-like peptide receptor agonists:

- + Dulaglutide (Trulicity)
- + Exenatide (Byetta)
- + Exenatide extended-release (Bydureon)
- + Liraglutide (Victoza)
- + Lixisenatide (Adlyxin)
- + Semaglutide injection (Ozempic)
- + Semaglutide tablets (Rybelsus)
- + Tirzepatide (Mounjaro)
- + Wegovy (Semaglutide)
- + Zepbound

If they are given by WEEKLY INJECTION, these medications SHOULD BE HELD 1 WEEK BEFORE procedure.

If they are given ORALLY on a DAILY basis, they SHOULD BE HELD on the DAY BEFORE procedure.