

Sports Physicals

Hosted by Washington Health

WINTER STUDENT-ATHLETE
PHYSICALS

2026

Get ready for the season.

Washington Health is offering sports physicals for student-athletes preparing for winter athletics.

How it works

Appointments must be scheduled in advance; no walk-up appointments.

Schedule through your high school athletic trainer or contact Mike Rogers, ATC.

Before arriving, bring signed physical evaluation and parental acknowledgment/authorization forms.

Visit our Sports Medicine page.

Forms: [washingtonhealth.com/sports](https://www.washingtonhealth.com/sports)

Questions? Contact Mike Rogers, ATC:
Michael_Rogers@WashingtonHealth.com
510.818.7320



Schedule ahead. No walk-ups.

Event Information

Wednesday, Oct. 21, 3:30-6 p.m.

John F. Kennedy High School, Room 358
39999 Blacow Rd., Fremont

COST
\$30

Cash or check payable to Washington Health.
Proceeds support local school sports medicine programs.



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